

St. Alban's Catholic Primary School

PE Overview of topics Year 24/25

PE is delivered by Grassroots PE as well as class teachers, following the Complete PE scheme.

	<u>Autumn 1</u>		<u>Autumn 2</u>		<u>Spring 1</u>		<u>Spring 2</u>		<u>Summer 1</u>		<u>Summer 2</u>	
EYFS	Playing through games	Little Movers	Hands 1	Little Movers	Moving-high, low, over under	Little Movers	Hands 2 Nursery Rhymes	Little Movers	Jumping	Little Movers	Rackets, bats, balls and balloons games	Little Movers
Year 1	Games Running	Little Movers Grassroots	Hands Heroes	Little Movers Grassroots	Feet Wide, Narrow, Curled	Little Movers Grassroots	Hands Health and Wellbeing	Little Movers Grassroots	Rackets, bats, balls Jumping	Little Movers Grassroots	Growing Games for Understanding	Little Movers Grassroots
Year 2	Dodging Creating games	Grassroots	Water Hands	Grassroots	Linking Feet	Grassroots	Explorers Hands	Grassroots	Jumping Rackets, bats, balls	Grassroots	Games for Understanding & Team Building	Grassroots
Year 3	Game sense invasion Mindfulness	Grassroots	Communication and tactics Handball	Grassroots	Canon and unison Basketball	Grassroots	Golf	Grassroots	Wild Animals Tennis	Grassroots	Athletics Cricket	Grassroots
Year 4	Game sense invasion Mindfulness	Grassroots	Problem solving Handball	Grassroots	Basketball Bridges	Grassroots	Golf Space	Grassroots	Tennis	Grassroots	Athletics Cricket	Grassroots
Year 5	Health related exercise Game sense invasion	Grassroots Swimming	Orienteering Football	Grassroots Swimming	Tag Rugby	Grassroots Swimming	Dodgeball	Grassroots Swimming	Golf Badminton	Grassroots Swimming	Rounders Running	Grassroots Swimming
Year 6	Health related exercise Game sense invasion		Football Leadership		Tag Rugby		Prejudice and discrimination		Golf Badminton		Athletics Cricket	